District 4 Report- - - - North Florida AFG Area 9 - - - - Panel 58 2019 Assembly - - - - June 7 - 9, 2019

ALATEEN



LDC



DISTRICT PICNIC



WELCOMING NEW GRs



Alateen in District 4: We hosted an AMIAS training in St Augustine on March 30th. District 4 now has 13 AMIAS' in various stages of certification. More importantly, we have 2 active meetings (Palm Coast *and* St Augustine) and 2 more getting ready to start (Holly Hill *and* Ormond Beach). And perhaps the best Alateen news is that District 4 voted to provide **100% financial support** for all AMIAS and teens wishing to attend the Alateen Conference in June!

Our Literature Distribution Center (LDC) does a "booming business", so much so that the LDC donated \$359 in "free" literature to our Public Outreach efforts in the first quarter of this year and \$300 cash to the District treasurer. In the first quarter of 2019, literature sales came to \$1,586 (43 orders). Our District voted that all new groups receive \$50 in "free" literature from our LDC.

On May the 4th, we had a fantastic **District Picnic** on a beautiful, sunny day. We had a little over 60 people in attendance and an abundance of delicious food and beverages. Dr. Linda Ford (past-delegate) was our Al-Anon speaker and Tom B. spoke on behalf of AA. And our picnic chair, Diana Z., has thoughtfully put together a binder with all the information needed for the next picnic oranizer!

As one of the outcomes from our **District Inventory**, our Alternate DR and Treasurer developed wonderful **Welcome Binders for NEW Group Representatives**! The binder is chockfull of helpful pamphlets and the service manual. A plan is in the works to host a workshop specifically for new GRs. District 4 Report- - - - North Florida AFG Area 9 - - - - Panel 58 2019 Assembly - - - June 7 - 9, 2019

THE "PARKING LOT"



ASL MEETING



DISTRICT WORKSHOP



Another great idea that was generated by the **District Inventory** is a way for folks' ideas and concerns to be heard, even when the meeting agenda is packed. Post-it notes are provided for posting in **"the Parking Lot"** or **"the Soap Box"** so thoughts won't get "lost" and can be addressed when we have more time - at the end of the District Meeting. We've initiated several other time-saving and goal-oriented steps to our meetings as well.

Thanks to the concerted efforts of several our members, we now have a meeting (Wednesday nights, in St Augustine) that regularly provides **American Sign Language interpreters**. *When anyone, anywhere reaches out for help let the "hands" of Al- Anon always be there!*

District 4 will be hosting a **District "Day of Workshops"** on October 5, 2019 in St Augustine 9:00 am to 4:00 pm– at the Saint Anastasia Catholic Church, 5205 A1A South, 32080. Workshops by Cindy J. (NFA Delegate), Diana Z., Lucy M., Cathy A. and Jim F. will be featured. Bring your own lunch. \$5 Goodwill offering at the door includes a chance at a door prize!

Sandra F. (Sandy) District 4 Representative and Roz Z. District Information Service Liaison May 29, 2019