

Delegate Report Area World Service Committee (AWSC)



Virtual Meeting May 23, 2020

Hello Panel 58 – When I look back at my report for the February AWSC I'm astonished at how much the world has changed. That report seems so innocent. I was preparing for my last World Service Conference, and assuming lots of time for us to be together in June for reporting back, and sharing information with you in the loving, fun and spiritual time together that is our Area Assembly.

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Instead so many cancellations and changes. So much movement from one reality to another. So much learning. So much growing. So much loss. So much gratitude. I'm not sure when I've ever been as grateful for Al-Anon as I am today.

One of the Thought Forces I worked on was "Fear of Change." How timely! At our very first Virtual and Hybrid World Service Conference we all had an opportunity to deal with our fears of change, and we were able to do it together, in a loving, Al-Anon way. It was powerful and amazing. As you can imagine we all held space for each other in unity and mutual respect. We allowed ourselves to feel, and to express feelings of joy, fear, gratitude and grief. We accomplished business, and we made new friends. Al-Anon is strong and vital and very much on the front lines of our human experience.

This upcoming meeting has a particular purpose and we will stay focused on that. My sponsor always told me "if there is no choice, then it's probably not Al-Anon." This is something that has held me up in so many situations. Now, deciding together about an Assembly I can just hear Lynda repeating that to me once again. We have a choice. And we can address our own fears, ideas, hopes and thoughts together to come to an informed group conscience of how to proceed. There are no rules for this. There are no have-to's or must-do's. Instead, we are pioneers in a new place. We are part of the worldwide fellowship that is moving into the future, because the future is today. And one day at a time we are able to participate, and thrive.

I'm really looking forward to seeing all of you next week, and I thank you for your willingness to participate and to take these risks. Al-Anon is in good hands!

Thank you for the opportunity to serve as your Delegate,

Cindy J., Panel 58, Delegate Florida-North