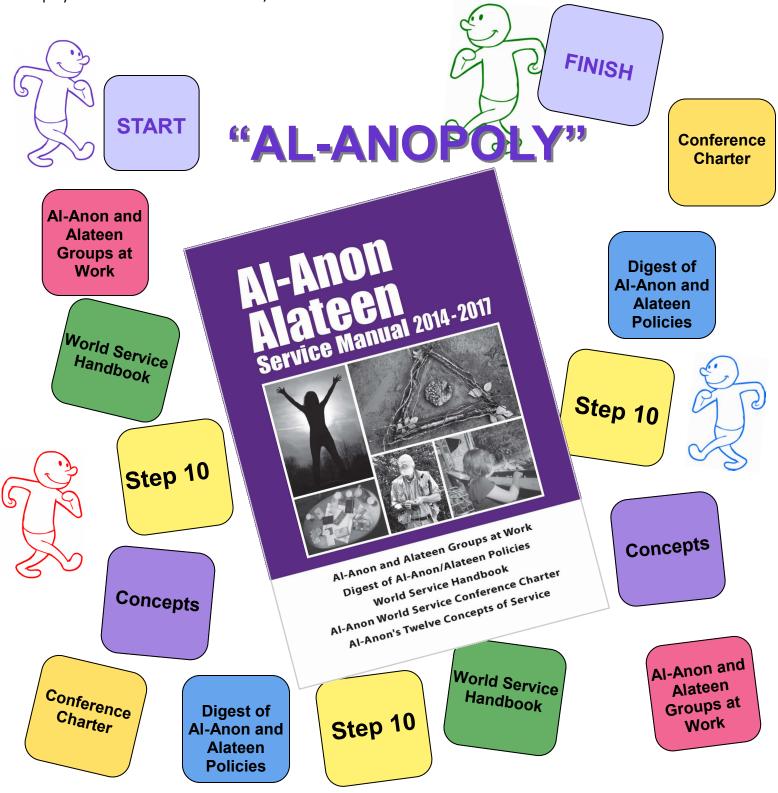
#### "Al-Anopoly" Al-Anon/Alateen Service Manual Game

This is a game modeled after the popular game of Monopoly, and originally used the 2014-2017 Al-Anon/Alateen Service Manual (P-24/27). The answer key has been updated to use the 2018-2021 Al-Anon/Alateen Service Manual printed version and the electronic version of the 2022 - 2024 Al-Anon/Alateen Service Manual. The game can be played as a workshop activity or during Area/district/Group functions. Players move around the simulated board by answering questions. Spaces on the board are color coded to sections of the Service Manual. Players answer questions that correspond with the color of the space where they have moved. It is suggested that all players have their current Al-Anon/Alateen Service Manuals.



#### "Al-Anopoly" Al-Anon/Alateen Service Manual Game

**Purpose**: To familiarize members with the *Al-Anon/Alateen Service Manual* (P-24/27) and its sections.

**Uses**: This game can be used in small (six to ten members) or in larger groups (100 or more members). It is suitable for district meetings or workshops, Area Assemblies, or Area World Service Committee Meetings.

#### **Roles:**

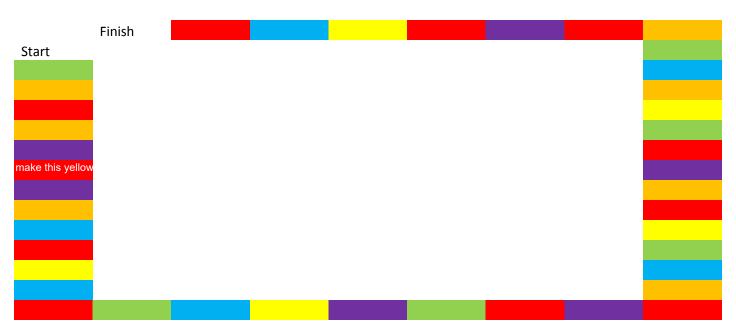
- Moderator
- Player (for each team)
- Timer (for the two minutes to answer each question)

#### Materials and Supplies:

- A pair of six-sided dice.
- Colored squares of paper (red, blue, green, orange, purple and yellow).
- Colored cards with questions and answers (see templates attached). Users of the game may add their own question and answer cards if desired.
- "Step Ten" cards with instructions.
- The templates may be printed on the appropriate colored paper and cut into cards for use in the game. As alternatives, the templates may be printed on white paper and mounted on the appropriately colored paper or the cards may be marked with colored markers, or stickers to designate the sections of the *Al-Anon Alateen Service Manuals*.

**Method:** This game is similar to table top or on-line board games that have players moving around a simulated board. The sample board has 41 squares. However, the moderator can change the number of squares to limit the amount of time available to play the game. The board is comprised of colored squares of paper placed in a rectangle around the edge of a room:

#### Al-Anopoly Board



The number of squares does not match the number of questions as it is unlikely every square or question will be used during one game. If players throw between two and twelve with each turn, it would take approximately 7 throws for a player to complete a round of play on the sample board. There are six different colored squares, which are placed in random order. Each color represents a section of the *Service Manual* as follows:

#### Key:

Red (10): Al-Anon and Alateen Groups at Work.
Blue (6): Digest of Al-Anon and Alateen Policies.
Green (6): World Service Handbook.
Orange (7): Al-Anon World Service Conference Charter(6).
Purple (6): Al-Anon's Twelve Concepts of Service.
Yellow (5): Step Ten.

Cards containing questions or instructions referring to these sections are color-coded and correspond to these colors (see above under "Materials and Supplies").

It is recommended to display the above "Key" of colors to the audience so that all players are aware of the relationship between the sections of the *Al-Anon Alateen Service Manual*, the colors of the Al-Anopoly board squares, and the question cards.

#### **Beginning the Game:**

- The moderator divides the group into two to four teams with at least two persons per team. The sizes of the teams will depend on the number of attendees.
- Each team selects a member to be its representative during the game, who is referred to as "the player."
- The moderator may name the teams, e.g., Experience, Strength, and Hope. The moderator also determines the order in which the players take their turn, e.g., drawing straws, pulling the team's name from a hat, or rolling of the dice.
- Each player begins at the "Start" line.
- The first player rolls the dice and advances to the number of squares indicated by the throw of the dice.
- The moderator then reads a question from a card corresponding to the color of the square where the player has landed. (*Note: A PowerPoint presentation is included, so that the moderator can display the questions as they are read to the audience if projection equipment is available.*)
- Each player's team then has two minutes to locate the correct answer using the *Al-Anon/Alateen Service Manual*. As with any board game, answers do not reflect players' personal experience.
- If the team answers the question correctly, i.e., within the two-minute time frame and cites the correct section and page of the *Al-Anon/Alateen Service Manual*, the player remains on that square until the team's next turn. The answer must refer to the appropriate section, i.e., Red: *Groups at Work*. References from other sections of the *Service Manual* do not apply.
- If the question is not answered correctly, the player moves back to the team's previous space.
- If an opposing team can answer the question, when the original team has been unsuccessful, or the time has expired, the opposing team gets to roll one die and move forward the number of spaces rolled. (*Note: It is recommended that if more than two teams are playing, that a*

member of the opposing team stands when the correct answer has been found so that the team is given the opportunity to answer the question if the first team is unsuccessful.)

- The dice should remain face up, until the player's turn is completed, so that the number of squares for a backward move will be defined. Alternatively another player from the same team could mark the starting space, so that the space will be evident if a backward move is required.
- Yellow Step Ten cards: These are "wild cards." If a player lands on a yellow square, the team advances the number of spaces listed on the card and does not have to answer a question. Conversely, the player moves the team back the number of squares as indicated on the card. (*Note: The team members do not have to have done the described action to advance in spaces.*) Players continue to roll the dice and answer questions in turn following the first player.

If playing with a large group, each team may designate an additional player from their team to stay in a central location to roll the dice, or each player who is moving around the "board" be issued their own set of dice.

- The first team to reach the finish line is the winner.
- Prizes may be awarded to the winning team. *Al-Anon and Alateen Groups at Work* (P-24) would be appropriate for small or large groups. For large groups a token prize could be used (e.g. candy). Another option would be for the members of the winning team to a draw for a copy of the *Al-Anon/Alateen Service Manual*.

Groups at Work	World Service Handbook	Digest of Policies	Conference Charter	Step 10	Concepts
<u>Q1</u>	<u>Q15</u>	<u>Q23</u>	<u>Q32</u>	<u>Q37</u>	<u>Q49</u>
<u>Q2</u>	<u>Q16</u>	<u>Q24</u>	<u>Q33</u>	<u>Q38</u>	<u>Q50</u>
<u>Q3</u>	<u>Q17</u>	<u>Q25</u>	<u>Q34</u>	<u>Q39</u>	<u>Q51</u>
<u>Q4</u>	<u>Q18</u>	<u>Q26</u>	<u>Q35</u>	<u>Q40</u>	<u>Q52</u>
<u>Q5</u>	<u>Q19</u>	<u>Q27</u>	<u>Q36</u>	<u>Q41</u>	<u>Q53</u>
<u>Q6</u>	<u>Q20</u>	<u>Q28</u>		<u>Q42</u>	<u>Q54</u>
<u>Q7</u>	<u>Q21</u>	<u>Q29</u>		<u>Q43</u>	<u>Q55</u>
<u>Q8</u>	<u>Q22</u>	<u>Q30</u>		<u>Q44</u>	<u>Q56</u>
<u>Q9</u>		<u>Q31</u>		<u>Q45</u>	<u>Q57</u>
<u>Q10</u>				<u>Q46</u>	<u>Q58</u>
<u>Q11</u>				<u>Q47</u>	<u>Q59</u>
<u>Q12</u>				<u>Q48</u>	<u>Q60</u>
<u>Q13</u>					
<u>Q14</u>					

Al-Anopoly

## A member continues to mention her religious affiliation in meetings. What can the group do to discourage this approach?

The church where our group meets has asked us to purchase liability insurance. Will the World Service Office (WSO) provide this coverage?

## How do we ensure that newcomers know how we pay for the group's needs?

Return to Questions

Al-Anopoly

## How do we explain group conscience before a group business meeting?

# What are the duties of a Group Representative?

## What meetings in our fellowship are always considered "closed" meetings?

## What are the basic criteria needed to start an Al-Anon electronic meeting?

# Where would you find information to explain the difference between "open" and "closed" meetings?

## The Group Representative is the local representative for what WSO publication?

Al-Anopoly

## My group wants to open a bank account to deposit group contributions. Where would I find helpful information?

## What are the "Three Obstacles to Success?"

Return to Questions

Al-Anopoly

## Some groups I attend recite the Al-Anon Declaration. Where would I find it?

## What is Al-Anon's one purpose?

Return to Questions

Al-Anopoly

## The Twelve Steps suggest acceptance of Four Primary Ideas. What are they?

Al-Anopoly

What is the name of the service position of "A member, preferably with a basic understanding of the Al-Anon program, who is elected, subject to the dual member policy, for a three-year term by his group (Al-Anon or Alateen)."

<u>Return to</u> Questions

## What is the term of office for Trustee at Large and Regional Trustee, and how many terms may they serve?

Al-Anopoly

# How is the agenda for the World Service Conference (WSC) developed?

## Do our Delegates represent local group, district, or Area interests?

## What year was the first World Service Conference held?

## How does the World Service Office obtain the money in its General Fund to pay for the World Service Conference?

What is the name of the meeting attended by the Group Representatives (GRs) in an Area called for the purpose of electing a Delegate to the annual World Service Conference, an Alternate Delegate, and Assembly officers?

Who is: a vital link in the continuing function, growth, and unity of world Al-Anon. He is a member elected by his group for a three-year term.

# Who are the members of the WSO Policy Committee?

**Return to Questions** 

Al-Anopoly

## What does the *Service Manual* say about discussing the abuse of drugs by a family member at an Al-Anon meeting?

# What is the Policy Committee often asked to review?

**Return to Questions** 

Al-Anopoly

If a meeting location will not accept money for rent, what does the *Service Manual* suggest that the group do instead?

## Why can't the WSO register an Al-Anon group made up of recovering alcoholics and members of A.A?

## Are Al-Anon members allowed to sell t-shirts, cups, etc., at A.A. meetings?

# Where can meeting information be found?

Return to Questions

Al-Anopoly

# Why would we avoid using professional terms and labels?

## Where is there information cited about the use of the term "retreats" to publicize an Al-Anon event?

### According to the World Service Conference Charter, what is the purpose of the Conference?

### Who is chosen from District Representatives by two-thirds written ballot or by lot at Assembly?

Who can authorize changes to the wording to the Al-Anon/Alateen Twelve Steps, the Al-Anon or Alateen Traditions, Al-Anon's Concepts of Service or the General Warrantees of the Conference Charter?

### How often does the World Service Conference meet?

Return to Questions

True or False: The provisions of the Al-Anon World Service Conference Charter are not legal, but traditional, since the Conference is not incorporated.

### Made coffee for my meeting.

### Advance two spaces

Return to Questions

### Put out the literature at my meeting.

### Advance two spaces

Return to Questions

## Volunteered to be the treasurer of my group.

### Advance two spaces

**Return to Questions** 

### Attended a district meeting.

### Advance two spaces

Return to Questions

### Chaired a meeting.

### Advance two spaces

Return to Questions



### Got a Service Sponsor.

### Advance two spaces

Return to Questions

### Gossiped.

### Go back two spaces

Al-Anopoly



### Take someone else's inventory.

### Go back two spaces

Al-Anopoly

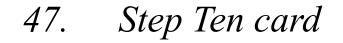
## Tried to represent more than one group at Assembly.

### Go back two spaces

**Return to Questions** 

## My group's treasurer doesn't give us reports and we don't ask...

### Go back two spaces



### My group needs a Group Representative.

### Go back two spaces

Return to Questions

## My group hasn't had a business meeting in six months.

### Go back two spaces

**Return to Questions** 

### Who has the ultimate responsibility and authority for Al-Anon world services?

### What is the key to harmony?

Return to Questions

### To whom have the Al-Anon Family Groups delegated administrative and operational authority?

### What Concept allows any member of Al-Anon the right of appeal and petition?

## What makes effective leadership possible?

Return to Questions

Who has the primary administrative responsibility of the Al-Anon Family Group Headquarters, Inc. (World Service Office)?

### Who has legal rights? Who has traditional rights?

**Return to Questions** 

## What is avoided by "carefully defined service authority?"

### Who delegates full authority for routine management of Al-Anon Headquarters to its executive committees?

Al-Anopoly

## What is the composition of the World Service Office?

**Return to Questions** 

### Who assumes primary leadership at the world service level?

# Where will we find the spiritual foundation for Al-Anon's world services?

Answer: Service Manual, p. 22. 21 "Three Obstacles to Success in Al-Anon"	coverage? Answer: Service Manual, p. 58. 56 Insurance: The U.S. and Canadian laws do not allow for the WSO to provide blanket insurance coverage for groups and service arms.
3 Al-Anon and Alateen Groups at Work Question: How do we ensure that newcomers know how we pay for the groups' needs? Answer: Service Manual, pp. 19. 18 Passing the Basket Service Manual, pp. 15 and 17. 14 and 15 Tradition Seven	4 <i>Al-Anon and Alateen Groups at Work</i> Question: How do we explain group conscience before a group business meeting? Answer: <i>Service Manual</i> , pp. 51, 49 48 Group conscience

#### Al-Anon and Alateen Groups at Work 2

Question: The church where our group meets has asked us to purchase liability insurance. Will the World Service Office provide this coverage?

1

Al-Anon and Alateen Groups at Work

Question:

A member continues to mention her

religious affiliation in meetings. What can

6 Al-Anon and Alateen Groups at Work 5 Al-Anon and Alateen Groups at Work Ouestion: Question: What meetings in our fellowship are always What are the duties of a Group considered closed meetings? **Representative**? Answer: Service Manual, p. 30 and 38. 29 and 36 Answer: Service Manual, pp. 60-61. 59 "Alateen meetings are closed meetings. Group Representative Ordinarily, only Alateen and Area certified Alateen Group Sponsors attend." 7 Al-Anon and Alateen Groups at Work Ouestion: What are the basic criteria needed to start an Al-Anon electronic meeting? Answer: *Service Manual*, p.32 - 33, 30 Starting an Electronic meeting The basics needed to start an Al-Anon electronic meeting 8 Al-Anon and Alateen Groups at Work are: • Review the *Fact Sheet for Al-Anon Electronic Meetings* Ouestion: (S-60) and the *Electronic Al-Anon Meeting Guideline* Where would you find information to explain (G-39). Both are posted on the Al-Anon/Alateen the difference between "open" and "closed" Members' Web site, along with the Electronic Meeting meetings? Registration/Update Form. • Determine what type of meeting you want to start— Answer: on-line (voice and written), telephone, or other electronic *Service Manual*, pp. 30. 29 (changed language) media. Located in the Index under the heading Meeting • On-line meetings can have only one feature: e-mail, chat, Type: Open/Closed Meetings. or message board. • Telephone meetings have a phone number and access code. • Determine what service provider to use. • Decide on a day and time to meet (if real time). • Return the Al-Anon Electronic Meeting Registration Form, with Current Mailing Address and contact information, to the WSO. • Contact the WSO with any questions.

9 Al-Anon and Alateen Groups at Work Question: The Group Representative is the local representative for what WSO publication? Answer: Service Manual, p. 61. 59 The Forum	10 Al-Anon and Alateen Groups at Work Question: My group wants to open a bank account to deposit group contributions. Where would I find helpful information? Answer: Service Manual, pp. 57 - 58 55-56 Located in the Index under Group Bank Accounts and Financial Matters (Contributions to WSO)
<ul> <li>11 Al-Anon and Alateen Groups at Work Question: What are the "Three Obstacles to Success?" Answer: Service Manual, p. 22, 22-23 "Three Obstacles to Success" (Discussions of Religion, Gossip, Dominance.)</li> </ul>	12 Al-Anon and Alateen Groups at Work Question: Some groups I attend recite the Al-Anon Declaration. Where would I find it? Answer: Service Manual, p. 20. 21 Al-Anon Declaration

13 Al-Anon and Alateen Groups at Work

Question: What is Al-Anon's sole purpose?

Answer: Service Manual, p. 13. 14 Suggested Preamble

#### 14 Al-Anon and Alateen Groups at Work

Question: The Twelve Steps suggest acceptance of four primary ideas. What are they?

> Answer: Service Manual, pp. 21-22. 22 Index: Four Primary Ideas Optional Readings

#### 15 World Service Handbook

Question: Who is a member, preferably with a basic understanding of the Al-Anon program, who is elected, subject to the dual member policy, for a three-year term by his group (Al-Anon or Alateen)?

Answer: Service Manual, p. 141-143. 144 - 145 Group Representative (GR)

#### 16 World Service Handbook

Question: What is the term of office for Trustee at Large and Regional Trustee and how many terms may they serve?

Answer: Service Manual, p.169. 173 Three years; they may serve two terms, which may be consecutive.

17 World Service Handbook

Question: How is the agenda for the World Service Conference (WSC) developed?

Answer:

Service Manual, p. 164. 168 "The agenda is developed over the previous months by the Conference Committee. Suggestions of all Conference members and the membership-at-large are carefully considered."

Note: The Conference Committee is also known as the Conference Leadership Team (CLT).

#### 18 World Service Handbook

Question: Do our Delegates represent local interests?

Answer: Service Manual, p. 163 167 Unlike elected government officials, our Delegates do not represent local interests. 19 World Service Handbook

Question: What year was the first World Service Conference held?

> Answer: Service Manual, p. 161. 165 1961

#### 20 World Service Handbook

Question: How does the World Service Office obtain the money in its General Fund to pay for the World Service Conference?

Answer: Service Manual, p. 164-165. 169 Delegates' Equalized expense and WSO General

#### 21 World Service Handbook

#### Question:

What is the name of the meeting attended by the Group Representatives (GRs) in an Area called for the purpose of electing a Delegate to the annual World Service Conference, an Alternate Delegate, and Assembly officers?

> Answer: Service Manual, p. 150-151. 154 Assembly

#### 22 World Service Handbook

Question: Who is: a vital link in the continuing function, growth, and unity of world Al-Anon? He is a member elected by his group for a three-year term.

> Answer: Service Manual, p. 141. 144 Group Representative

#### 23 Digest of Al-Anon Policies

Question: Who are the members of the WSO Policy Committee?

#### Answer:

Service Manual, p. 168. 172 "The WSO Policy Committee is composed of a Chairperson, all members of the Board of Trustees, At-Large members of the Executive Committee, the Chairpersons of all WSO Committees, and the Conference members of the WSO administrative staff."

#### 25 Digest of Al-Anon Policies

Question: What is the Policy Committee often asked to review?

#### Answer:

Service Manual, p. 83. 83 "The WSO Policy Committee is often asked to help when there is confusion about how a specific Tradition applies to a new or controversial situation in Al-Anon or Alateen. The Committee meets regularly during the year to review and discuss each problem or issue in light of the Traditions and determines an appropriate policy recommendation. The proposed policies are then brought to the Board of Trustees for consideration."

#### 24 Digest of Al-Anon Policies

Question: What does the *Service Manual* say about discussing the abuse of drugs by a family member at an Al-Anon meeting?

#### Answer:

Service Manual pp. 131. 135 "A symptom of alcoholism in the home may be the abuse of drugs by family members. Occasional discussion of this topic is acceptable at an Al-Anon or Alateen meeting as it may be one of the results of living with alcoholism. However, our responsibility is to ensure Al-Anon's survival as a resource for families and friends of alcoholics. By focusing on these drug-related problems, we risk being diverted from Al-Anon's primary aim. Referral to appropriate sources of help may be suggested to those in need."

#### 26 Digest of Al-Anon Policies

Question: If a meeting location will not accept money for rent, what does the *Service Manual* suggest the group do instead?

#### Answer:

Service Manual, p. 107. 109 "At locations where rent may not be accepted, a supply of Al-Anon/Alateen Conference Approved Literature and local meeting schedules may be provided to the facility as an appropriate alternative." Question: Why can't WSO register an Al-Anon group made up of recovering alcoholics and members of A.A.?

Answer: Service Manual, p. 85. 85 It does not qualify to have a Group Representative.

#### 28 Digest of Al-Anon Policies

Question: Are Al-Anon members allowed to sell t-shirts, cups, etc., at A.A. meetings?

Answer: Service Manual, p. 106. 108 In keeping with Tradition Seven, Al-Anon and Alateen members should refrain from selling anything there.

29 Digest of Al-Anon Policies

Question: Where can meeting information be found?

Answer: Service Manual, p. 88.88 "Al-Anon and Alateen meeting information can be obtained by contacting Al-Anon Information Services listed in local telephone directories and on the WSO Web site, www.al-anon.alateen.org."

#### 30 Digest of Al-Anon Policies

Question: Why would we avoid using professional terms and labels?

#### Answer:

Service Manual, p. 131. 135 "Labels: Focus on the Al-Anon interpretation of our program is strengthened when we avoid using professional terms and labels since they may confuse members by implying affiliation with certain persons or specific therapies."

#### 31 Digest of Al-Anon Policies

Question: Where is there information cited about the use of the term, "retreats," to publicize an Al-Anon event?

Answer: Service Manual, p. 130. 134 "It has been suggested that the name 'retreat' often has religious connotations and could imply affiliation if used in connection with an Al-Anon/Alateen event."

Question: According to the World Service Conference Charter, what is the purpose of the Conference?

Answer: *Service Manual,* p. 226. 227 "a. To be the guardian of both Al-Anon's world services and its Twelve Traditions; b. To be a service body, not a government."

#### 33 Al-Anon World Service Conference Charter

Question: Who is chosen from District Representatives by two-thirds written ballot or by lot at Assembly?

Answer: Service Manual, p. 228. 228 The Delegate Assemblies: Preferred Method of Election

34 Al-Anon World Service Conference Charter

Question:

Who can authorize changes to the wording to the Al-Anon/Alateen Twelve Steps, the Al-Anon or Alateen Traditions, Al-Anon's Concepts of Service, or the General Warranties of the Conference Charter?

Answer: Service Manual, p. 226-227. 228 3. Relation to Al-Anon (d) By written consent of three-quarters of the Al-Anon Family Groups. 35 Al-Anon World Service Conference Charter

Question: How often does the World Service Conference meet?

Answer: *Service Manual*, p. 228. 229 "The Conference meets annually."

Question: True or False: The provisions of the Al-Anon World Service Conference Charter are not legal, but traditional, since the Conference is not incorporated.

> Answer: Service Manual, p. 226.227 Introduction True

37 Step Ten card	38 Step Ten card
Made coffee for my meeting	Put out the literature at my meeting
Advance two spaces	Advance two spaces
39 Step Ten card	40 Step Ten card
Volunteered to be the treasurer in my group	Attended a district meeting
Advance two spaces	Advance two spaces

41 Step Ten card	42 Step Ten card
Chaired a meeting	Got a Service Sponsor
Advance two spaces	Advance two spaces
43 Step Ten card	44 Step Ten card
Gossiped	Take someone else's inventory
Go back two spaces	Go back two spaces

45 Step Ten card	46 Step Ten card
Tried to represent more than one group at	My group's Treasurer doesn't give us reports
Assembly.	and we don't ask.
Go back two spaces	Go back two spaces
47 Step Ten card My group needs a Group Representative. Go back two spaces	48 Step Ten card My group hasn't had a business meeting in six months. Go back two spaces

Question: Who has the ultimate responsibility and authority for Al-Anon world services?

> Answer: Service Manual, p. 177. 181 Concept One The Al-Anon groups

#### 50 Al-Anon's Twelve Concepts of Service

Question: What is the key to harmony?

Answer: Service Manual, p. 184. 188 Concept Four Participation

51 Al-Anon's Twelve Concepts of Service

Question: To whom have the Al-Anon Family Groups delegated administrative and operational authority?

Answer 179 183

Concept Two The Conference and its service arms 52 Al-Anon's Twelve Concepts of Service

Question: What Concept allows any member of Al-Anon the right of appeal and petition?

> Answer: Service Manual, p. 186. 190 Concept Five

Question: What makes effective leadership possible?

> Answer: Service Manual, p. 181. 185 Concept Three The right of decision.

54 Al-Anon's Twelve Concepts of Service

Question: Who has the primary administrative responsibility of the Al-Anon Family Group Headquarters, Inc. (World Service Office)?

> Answer: Service Manual, p. 189. 193 Concept Six Trustees

55 Al-Anon's Twelve Concepts of Service

Question: Who has legal rights? Who has traditional rights?

Answer: Service Manual, p. 190. 194 Concept Seven Trustees – legal. Conference – traditional. 56 Al-Anon's Twelve Concepts of Service

Question: What is avoided by carefully defined service authority?

> Answer: Service Manual, p. 199. 203 Concept Ten Double-headed management.

Question: Who delegates full authority for routine management of Al-Anon Headquarters to its executive committees?

> Answer: Service Manual, p. 192. 196 Concept Eight The Board of Trustees.

#### 58 Al-Anon's Twelve Concepts of Service

Question: What is the composition of the World Service Office?

Answer: Service Manual, p. 203. 207 Concept Eleven Selected committees, executives, and staff members.

59 Al-Anon's Twelve Concepts of Service

Question: Who assumes primary leadership at the world service level?

> Answer: Service Manual, p. 194. 198 Concept Nine The Board of Trustees.

60 Al-Anon's Twelve Concepts of Service

Question: Where will we find the spiritual foundation for Al-Anon's world services?

Answer: Service Manual, p. 210. 214 Concept Twelve The General Warranties of the Conference, Article 12 of the Charter.