

Mary Walsh
May Assembly
Alternate Delegates Report

Welcome GR's (and everyone) to the 1st Assembly of Panel 64!

I am so excited to meet all the Area 9 Assembly members and guests. In my experience, there is such positive energy at the Area 9 meetings, members working and growing together. It reminds me of Lois Wilson's words "Focus on what you can do, then do it with all your heart". That is my plan for Panel 64. I look forward to seeing many new faces and many familiar faces. My heart is full of positive anticipation of what Panel 64 will bring.

Alternate Delegate's Alcove: As they say, I hit the ground running. The Delegates Alcove page is updated and can be found on the Area 9 website by clicking [HERE](#).

Group Representative (GR) Orientation: I've enjoyed updating the slides for the GR Orientation that will be presented on Friday evening. I hope to see all of you there.

The Forum: What an exciting time for the Forum! In January 2024 the Forum reached its 70th year of publication. The 70 years of the Forum will be celebrated the entire year. The content in the Forum is rich with sharings from all over the world. If you don't already subscribe, I encourage you to subscribe. It's only \$11 a year.. The forum is a great tool for an instant meeting and public outreach. Please check out the Alternate Delegates Alcove to see the list of the many Area 9 members who have been published in the Forum.

(1) If you have been published in the Forum at any time and your name is NOT on the list, please let me know if you would like to be included on the list.

a. If you would like to be mentioned on the list please provide your first name, last initial and the date, year and page number of the edition.

Group		Other		Total	
Subscriptions	Copies	Subscriptions	Copies	Subscriptions	Copies
57	61	687	702	744	763
60	68	703	716	763	784
56	64	710	724	766	788

Red Light Green Light: If you have visited the Alternate Delegate Alcove you will see a convenient “easy button” for submitting a Red Light Green Light (RL/GL) question. District Representatives (DR), please ask your Group

The Red Light / Green Light topics are chosen at the Area World Service Committee meeting (AWSC) then are researched and the 2 pre-chosen districts present the research findings at Assembly. The research will be presented on Sunday morning. I hope you all will stick around to hear the interesting information found in Al-Anon’s Conference Approved Literature (CAL).

On the topic of Red Light Green Light (RL/GL), I am also the Chair of a Task Force charged with updating the RL/GL procedures and name. The World Service Committee and South East Region Delegate Get Together (SERDGT) have changed what they used to call RL/ GL to Chosen Agenda Items and Timely topics about 20 years ago. So the task force will be discussing and reasoning things out to create a more purposeful take on Area 9’s RL/GL. Very exciting times. Please click [HERE](#) for the current Red Light Green Light Guidelines, also found on the Area 9 website in the Area Document Library.

South East Regional Delegates Get Together (SERDGT): Alternate Delegates are invited to attend the SERDGT. The SERDGT took place March 15-17, 2024 in Mississippi. I attended some of the sessions virtually. I enjoyed listening to the many interesting topics. It was great meeting new people and seeing a lot of familiar faces.

Timekeeper: One of my duties as Alternate Delegate is being the timekeeper for the sessions throughout the Assembly and AWSC. When you hear the sound of the bell, please finish your sentence and allow the meeting to be passed along to the next person or session. Please remember to state your name and district before speaking. Thank you.

I may not be attending the entire Assembly. My Husband is scheduled to have surgery on Thursday, May 2nd and will be in the hospital for at least 3-5 days. Thankfully, in Al-Anon, I know I am never alone. I am grateful for all of you and for Mark, Gretchen, Katy, and Lois for filling in for me while I take care of my loved one.

Helpful Links

[Area 9 District Representative \(DR\) Guidelines](#)

[Area 9 District Information Services Liaison \(DISL\) Guidelines Red Light Green Light Session Guidelines](#)

[Forum Subscription](#)

[Forum Writing Guidelines](#)

[Forum Photo Submission Guidelines](#)