



Alternate Delegate Report Panel 61 Assembly June 9, 2023

I'm so excited to see everyone at Assembly this month! My home group is **Stickney Saturday Morning AFG**, Saturdays 8:30 AM, in Sarasota. Visit us when you're in town!

I usually **end** my report by discussing my most important responsibility: standing in for our Delegate if she is unable to participate as Delegate for any amount of time during our three-year panel. (Al-Anon/Alateen Service Manual 2022-2025, pgs. 140, 151-152, 157, 162).

This year I will **start** with it, as our Delegate was unable to attend the annual World Service Conference, and in my role as Alternate Delegate **I stood in for our Delegate as a full voting member of the Conference!** It was an opportunity of a lifetime! My words cannot do justice in describing the **depth of spirituality that flows through every aspect of the Conference!** From our trusted leaders sharing the spiritual nature of their responsibilities and addressing every Conference member with grace, compassion, respect, understanding and love to our visit to our World Service Office Headquarters, to the WSO 2022 Annual Report and even the Financial Report and Audit!

If I had not stood for the position of Alternate Delegate at the end of last panel, I would not have had this opportunity to experience the depth and breadth of spirituality that embodies our Conference!

That said, **it's time for us all to start thinking about service for our next panel!** What are you thinking? If you have been a GR, how about standing for an Area position, such as DR, DISL or Coordinator? If you have been a member of AWSC, you will likely qualify to be an Officer. Check out the Area Election Procedures – Amended September 2020 at [Area Doc Library \(afgarea9.org\)](http://afgarea9.org) under "Procedures" to see if you qualify, and if so, **consider standing for Area Alternate Delegate!** I love this position! And I think that you would too! As part of the team of Area Officers, and a member of NFA AFG, Inc., the Area's Board of Directors, **I received the gift of working alongside of some of the most loving and committed trusted servants I could ever imagine!** I have

grown spiritually from service and invite you to join me on a spiritual journey through service.

Look at the rest of the fun stuff that I am responsible for as Area Alternate Delegate:

The Alternate Delegate is the Area *Forum* Coordinator. As such, my goal is to encourage every member in every group to use, and submit writings to, *The Forum* as a relevant part of their recovery. We have had many virtual *Forum* Writing Workshops so far and I hope to be able to visit Districts in-person for live *Forum* Workshops later this year. It was through a writing workshop at Assembly years ago that I submitted an article that was later published in *The Forum*! Please let me know if you would like to schedule a *Forum* Writing Workshop for your District. Email me at AltDelegate-61@AFGArea9.org.

As Area *Forum* Coordinator, I receive monthly *Forum* sales reports, which summarize monthly *Forum* sales. In Florida in May 1187 copies went out to Groups, Districts, individuals, Literature Distribution Centers, and others, which is higher than my last report of 1158 in December, 2022. What is even more exciting is that *Forum* copies have now been separated by Area, not just by State. So, in Florida North, Area 9, we have had 717 copies for the month of May, which is more than we had in December, 2022, 696.

I love facilitating Red Light/Green Light (RL/GL) at Assemblies, usually on Sunday mornings. In preparation for each Assembly, RL/GL questions from DRs are reviewed at AWSC. From those submitted, two questions are selected and given to each of two Districts assigned to research and present findings at the following Assembly. I had the opportunity to participate in RL/GL during the last panel when our District volunteered to answer an Al-Anon question using Conference Approved Literature (CAL). I learned so much through that experience, which deepened my spiritual growth, as I researched our CAL to find the “answers”. Our RL/GL Guidelines are spiritual in nature, as the document was studied, amended, and agreed upon by a Group Conscience during an earlier panel. The guidelines can be found among guidelines on our Area Documents page, under “Guidelines – Area Meetings: [Red Light/Green Light Guidelines](#). District Representatives please submit at least one question on our Area website, www.AFGArea9.org, at the [Alternate Delegate Alcove](#), before each AWSC.

It is also my job as Alternate Delegate to act as **timekeeper** for sharings at both Assembly and AWSC meetings, which is always fun! As such, I am the timer for Red Light/Green Light (RL/GL). **You may find that, at the Chairperson's discretion, time may be extended for certain agenda items throughout the Assembly, however, given the spiritual nature of our RL/GL guidelines, no such extensions are made during the RL/GL portion of Assembly.** There is always time at the end of the session for Open Mic, where any as yet unaddressed questions, comments and concerns may be addressed.

The [Alternate Delegate Alcove](#) on our Area website, www.AFGaarea9.org is getting updated all the time. **Check it out and please send me feedback!** If you have been **published** in *The Forum* and are willing to have your name, District number and *Forum* date and page number(s) listed on the website, please let me know and provide the details as listed above.

I love getting to know everyone on Panel 61 and hope to reach each and every member! Panel 61 is fun!

Love, Gretchen Sciarrino, Area Alternate Delegate, Panel 61



"Talk to each other. Reason things out. Keep it simple."