

Panel 61 - District 8

August, 2021 AWSC Report

We are so grateful to have so many group representatives attend the assembly in June. We had assembly orientation at our district meetings for the 3 months prior to assembly which zoom made it easy to facilitate. We had one district meeting since assembly and had good discussion regarding the group representatives' experience during assembly.

Our District meetings are held on the third Saturday of every month. A week and a half before the District meeting the officers (DR, ADR, DISL, Treasurer and Secretary) meet to plan the upcoming District meeting agenda. We continue to make our primary focus the Group Representatives.

Our meetings consist of starting with the serenity prayer and ending with the Al-Anon Declaration. The ADR reads from the manual and shares; the DISL presents the Concept of the month by reading from various CAL sources and shares. The secretary continues with roll call and minutes. The treasurer's report follows with screen sharing, questions and answers. The DR report contains information from WSO, Area and District, including events and pertinent deadlines. DR shares one article from "In the Loop" and facilitates the Orientation section of the agenda, which topic is discussed at the Officer's meeting prior to the District meeting. Our DISL hosts a DISL chairs meeting ½ hour before the District meeting to address any concerns or planning with chairs.

Our technology chair has re-designed and updated our website and continues to add pages for easy navigation through our website. She also manages the district zoom account.

We are very excited that the Alateen Chair and Spanish Liaison positions were both filled.

Our district has been approached by Riverside Recovery of Tampa to discuss starting an Alateen meeting at their facility. We have a telephone conference scheduled for this week to discuss.

In our August Serenity Messenger we featured our Area Public Outreach Coordinator who shared our "Take out Menu". See copy of our Serenity Messenger attached.

Open Positions: Institutions, Public Information, Public Information, Literature and Event Chair (Our DISL continues to make the District aware these positions are open, including sending guidelines via e-mail, having time at the District meeting for Elections)

We have two new meetings:

- 1. Finding Hope, Monday at 7pm at New Point Church in Luz**
- 2. Serenity Seekers, Tuesday at Noon at Marge Porter Recourse Center in Tampa**

During our July meeting we had a discussion about returning to in person District meetings and we voted for a Hybrid setting. Starting August, we will be meeting in person with zoom option.

Our ADR which is also our AA Liaison chaired a thought force: Should AA members with dual membership serve at the district level in a non-voting position which will now be turned over to a task force.

We hosted a Speaker Marathon on June 26, 2021 at 6:00 pm via zoom which was attended by approximately 80 participants, including some from other districts! We are so grateful for your attendance! We had 4 Al-Anon speakers and 1 AA speaker with Al-Anon membership.

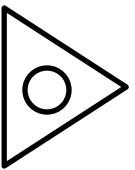
A Conflict Resolution Workshop is scheduled for September 24, 2021 via zoom. More information will follow.

Our District is looking forward to the Convention! Serenity Rocks!

With love in service,

Carmen, District Representative

Leanne, District Information Service Liaison



2021 CALENDAR

- **District Meeting** 3rd Saturday 9:00 am DSL 9:30 am Groups
- **NFA Convention:** Serenity Rocks August 27-29, Orlando, FL
- Hilton Orlando Buena Vista Palace
- Lake Buena Vista, FL
- **Conflict Resolution Workshop** Coming Soon

New Meetings

(Check D8 Website for Details)

Serenity Seekers – Tue @ Noon
Marge Porter Resource Center-Tnc

Finding Hope – Mon @ 7pm
North Pointe Church – Lutz

DISTRICT 8 OFFICERS
District Rep - Carmen S
(813) 326-9108
dr@tamapabayalanon.org

Alt Dist. Rep - Pat F
(813) 391-8989
adr@tamapabayalanon.org

Secretary – Shirley
(727)503-7275
secretary@tamapabayalanon.org

Treasurer - Nancy
(941) 313-6318
treasurer@tamapabayalanon.org

District Info Services Liaison - Leanne T
(813)760-5151
dsl@tamapabayalanon.org

Florida North District 8 – Panel 61

Serenity Messenger August, 2021

Coming soon to 3333 W. Columbus Drive, Tampa—Check Back Next Month!

Public Outreach: I AM RESPONSIBLE

Many Al-Anon members say the program has changed their lives and they “Keep coming back” to keep their serenity. We have heard in meetings everywhere that to keep it, you have to give it away. Carrying the message of recovery is one of the main ways we keep our serenity.

Our Area Public Outreach Coordinator recently shared a “Take-Out Menu” which lists a lot of different ways we can carry the message – all without face to face contact. Check out the Take-Out Menu below:

Public Outreach Take-Out Menu
PANDEMIC APPROVED

- NO CONTACT OPTIONS**
 - UPDATE MEETING INFORMATION** Go on Ft. Avon and District websites to ensure that meeting info is current and complete.
 - CONTACT PROFESSIONALS** Members agree to provide information to just one professional such as their own therapist or doctor.
 - SHARE SOCIAL MEDIA POSTS** Group members who are on social media platforms agree to share WSO posts that they like.
 - POST FLYERS OF MEETINGS IN DISTRICT** Create an adhesive flyer for members to print and place in public places they visit such as grocery stores.
- APPETIZERS**
 - PROVIDE AN INFORMATION MEETING** Create an office meeting for newcomers, professionals or the general community.
 - PROVIDE A MEETING ON WHEELS** Members take a virtual meeting to a behavioral health agency such as a treatment center or institution.
 - RUN A DIGITAL AD CAMPAIGN** District buys a digital programmatic awareness campaign targeting local audiences such as professionals.
 - RENT AD SPACE ON BUSES** District rents space on the outside of public transportation vehicles.
- MAIN COURSE**
 - RENT BILLBOARDS** District rents billboard ad space along highways.
 - PURCHASE AD SPACE AT AIRPORTS** District rents billboard ad space at airports, such as airports, bus/train stations, and ferry terminals.
 - PURCHASE RETRACTABLE BANNERS** District or Group buys and places them in lobbies of medical or other public facilities.
 - PROVIDE INFO FOR DISCHARGE PACKETS** District or Group agrees to have Al-Anon materials added to discharge packets.
 - PLACE A NEWSPAPER AD** Place an ad in your local or neighborhood newspaper, either paid or free.
 - CONTACT LOCAL MEDIA OUTLETS** District or Group agrees to have Al-Anon materials added to local media newscasts.
- DESSERTS**
 - PROVIDE AFA MAGAZINES** Purchase and send (with permission) AFA fan zone. Allow them magazines to any local shelter.
 - BORROW AREA RETRACTABLE BANNERS** Borrow and place the Ft. Avon retractable banners in a public place such as hospital and court houses.
 - DONATE LITERATURE** Purchase and send (with permission) Conference-Approved literature to local treatment centers.

FOR MORE OPTIONS AND FOR DETAILS ON ANY OF THESE MENU ITEMS, PLEASE CONTACT THE HOST (Prulke@nrcdnc-01@NFAnc.org)

Answering Service

There are a few months open for 2021. Please talk to your group about stepping up and serving by being the volunteers for:

- August from 8/8 to 8/31
- October
- December

We also need groups to volunteer for a month in 2022 – they are all open!

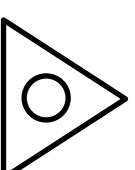


Slogan Corner:

Think When I came to Al-Anon, thinking was a problem – I thought too much! I am grateful to discover a solution by applying the THINK acronym and getting a “yes” to these questions before I speak:

- T – is it thoughtful?
- H – is it honest?
- I – is it intelligent?
- N – is it necessary?
- K – is it kind?

More on Pg 2...



DISTRICT 8 CHAIRS

Comfort Liaison - Jeanene M
(813)361-5408

comfort@tampabayalanan.org

Events - Open

events@tampabayalanan.org

Spanish Chair: *Verdina*  **New**

Spanish@tampabayalanan.org

AREA INFORMATION

SPANISH COORDINATOR

Betty R

spanish-61@afgaree9.org

CONTRIBUTION ADDRESSES

(Include FL-N Dist. 8 & Group#)

District 8

District 8 AFG

PO Box 291083

Temple Terrace FL 33687

Area 9 Florida North

NFA AFG, Inc.

4446-1A Hendricks Ave, Ste #142

Jacksonville, FL 32207

World Service (WSO AFG)

1600 Corp Landing Pkwy

Virginia Beach, VA 23454-5617

Public Outreach: I AM RESPONSIBLE *(cont'd)*

Although our D8 Public Outreach positions are currently open, each of us can be responsible for carrying the message of hope. By selecting one of the items from the suggested menu and doing it ourselves – or doing it with a group of Al-Anon friends - we could make a difference in the life of someone still suffering with the family disease of alcoholism. Find the full menu on our D8 website www.tampabayalanan.org

In an interview earlier this week, Diane M, our N FL Area Public Outreach Coordinator, stated she is willing to help any member or group get started with one of the projects. You can contact her by email: PublicOutreach-61@AFGaree9.org or by text/call at 813-500-1899.

D8 Participates

During the July D8 District Meeting our DR, Carmen, spoke about the most recent Assembly and expressed her gratitude that so many of our Groups were represented with either their GR or the Alternate GR. Our District, which encompasses all of Hillsborough County, is spread out geographically but we are pulled close by the common bond of recovery.

We've recently had two members step up to serve as our Alateen and Spanish Chairs. Please reach out to them and let them know you appreciate them and see how you can help.

Think about additional ways you can be of service – maybe:

- Volunteering to read a page at a meeting
- Serve as the Group Representative or another service position
- Working on Public Outreach projects
- Staying after a meeting to talk with a newcomer
- Saying 'thank you' to your GR, Treasurer & Secty for their service
- Volunteering for one of our OPEN Service positions
- Being a Sponsor
- Chair and Event for our District or for our Area



AlAnonFamily



GroupsWSOAlAnon_WSO



alanon_wso

WEB SITES: Local: www.tampabayalanan.org Area: www.afgaree9.org WSO: www.al-anon.org

AL-ANON INFORMATION SERVICES

Alateen – Angetlette J  **New**
alateen@tampabayalanan.org

Answering Service – Jim
(813)416-0180

answering@tampabayalanan.org

Archives - Shelley & Theresa
archives@tampabayalanan.org

Cooperating w/ Prof. Comm -Open

cpc@tampabayalanan.org

Group Records - Joanna S

(813) 393-0522

grouprecords@tampabayalanan.org

Institutions - Open

institutions@tampabayalanan.org

Literature Distr Center – Carolyn

(970)270-5512

literature@tampabayalanan.org

Public Information - Open

publicinfo@tampabayalanan.org

Serenity Messenger - Tricia R

(813)299-0170

serenitymessenger@tampabayalanan.org

Speaker Seeker - Howie

(727)644-0064

speakers@tampabayalanan.org

Technology Chair – Cassandra

(801) 680-6181

technology@tampabayalanan.org

Where & When - Open

whereandwhen@tampabayalanan.org