

District Representative/AISL Report Assembly May 5 – 6, 2017

District 4 (East Volusia, East Putnam, Flagler, St. John's Counties)

District 4 continues to hold its business meeting on the third Saturday of each month at Santa Maria Catholic Church in Flagler Beach, starting at 10 a.m. After a 10-minute break at 11 a.m., we resume with a member's spiritual share; light refreshments are served. Approximately 10 minutes are reserved for the "GR Shout Out", where any GR/member can bring to the floor an Al-Anon-related issue: a conflict in their group, a question about following/breaking a Tradition, CAL, and so on. Attendance numbers remain steady, 28 to 32; this number includes Alternate GRs (yes, they do exist and show up, too.), Al-Anon members not in service at the district level (yet), those in service at the group level and dual members. We have discussed in length that dual members are welcomed at the district meetings and that there are service positions available to them. Each service position listed in our District 4 Guidelines lists those eligible: all Al-Anon members and/or dual members with AA; it also mentions whether being a past or current GR is a requirement.

This last year of Panel 55 has been active: In March, we had a "brain-storming" gathering regarding Public Outreach. The members present were divided into smaller groups, each having its own assignment: concentrating on schools, professionals, or doctors, and just getting the word out that we exist. On April 22, Cindy J. led us in a Conflict Resolutions Workshop. Attendance numbered close to 50 members; \$3 was charged for admission, brown-bag lunches were encouraged, snacks were provided by district members, along with coffee, tea, and bottled water. A Writing Workshop is scheduled for July 15; flyers already distributed. Another GR and her group are chairing a fall event, to be decided...picnic, gratitude dinner or maybe a combination, who knows? All these chairs volunteered during our January district meeting; I was over-whelmed by the way HP was working the room.

During our March District meeting, I **CHALLENGED** each member present to visit/attend/participate as an Al-Anon member in a meeting that they have never attended. Come on May 20, and tell us about that experience. Autotomy is up to you; you can announce that you are "on a mission" or just be an Al-Anon member.

Also starting at the May 20 meeting, I have asked each current chairperson to share (3 – 5 minutes) the joys/benefits of that service position and how it has helped their personal recovery. Three will share each month until the September election. District Guidelines are available.

What's new: 1. One Growth Investment Person (GIP) attended AWSC in February; of the experience, she stated, "It connected the dots." 2. Three GIPs are attending this Assembly. (After two had volunteered, another member expressed interest in coming to Assembly; so we had to say, "Yes.") District 4, with District 13, is helping with Assembly registration. Our district is presently Question 1 of Red Light/Green Light.

Yours in Service, Lucy M., District Representative of District 4

Diana Z., Area Information Services Liaison of District 4