I have returned from my third consecutive convention, recharged, and ready to serve. We had three people from our District to lead workshops: Richard G, District Representative – Expectations; Judy S, District Secretary – Anonymity; and Claudia K, Alateen Chair – Sponsorship. Many wonderful workshops were provided by willing and creative Al-Anon volunteers.

With September being Public Outreach month, our District Outreach Chairperson, Catherine M, initiated a search for Public Outreach Committee volunteers. A sign-up sheet has been provided to District 9 GR's, for discussion within each group. Those interested to serve on the committee, are encouraged to add their name and information. Each sign-up sheet is to be returned to her for subsequent contact.

Following up on a discussion issue at AWSC breakout, discussed at our district meeting the public being contacted if requested on our district website. Additionally, discussed the possibility of ordering CAL from Literature Chairperson via the website. Our Webmaster/Group Records/Where and When Chairperson, Amy G, has been answering any requests on the website.

Alateen Chairperson, Claudia K, has noted that more people are needed for AMIAS training; two counselors are required at each Alateen meeting.

Literature Chairperson, Bernie B, has provided pamphlets for public outreach. She also suggested to all new GR's, to order a Service Manual for reference and information.

Grateful to be in Al-Anon Service,

Pat S, AISL, District 9

Having completed my second full month in Al-Anon service as DR, my HP has shown me my strong assets and those, well let's say need improvement. Because of my disease I elect to focus on those assets that need improvement. Not a healthy recipe for recovery!

As I prepare this report, I look back over my Saturday morning remembering how overwhelmed and inadequate I felt for failing to follow through on some assembly matters. Fortunately, I had my regular Saturday meeting to attend. And what a blessing!!

The topic – Step 3 was spot on!! A misunderstanding in what daily reader the chairperson was reading/sharing from lead me to the message my HP had for me. I would like to share the quote with you. It comes from our daily reader **Hope for Today pg 269**, it reads "in Al-Anon I have come to know that I have a resource within me and all around me that can guide me through the most overwhelming fears and the most challenging decisions – a Higher Power." I am so thankful my HP knows my needs, even when I do not. My willingness and openness to attend an Al-Anon meeting; seek the wisdom and guidance of my HP; and read my daily reader guided me to the one resource that could lead me back to the path of serenity, in spite of my weaknesses. Love the Al-Anon

program, the members that openly share their ESH and, of course, my Higher Power, who has never failed me.

Chaired by first district meeting a week or so before attending my first AWSC. It all can be so overwhelming, but I am so excited for this opportunity to represent our district. If I remember to use the tools of the program, remember that I'm not alone, and seek direction and guidance from my HP this opportunity will enhance my growth and recovery beyond my wildest dreams.

Love Convention!! The ESH received during convention cannot be measured. The ability to receive the message of Al-Anon, Alateen and AA non-stop for entire weekend is such blessing. I'm truly grateful to have facilitated a workshop at convention. I trust I was able to give back what so many attendees brought to me during my stay. I continued to be amazed at the number of different ways my ESH can encourage and strengthen others. I thank my HP for guiding and directing me in my sharing. I'm just the messenger, without my HP I can do nothing!

I'm so grateful to be surrounded by such loving, supporting and experienced members at the district and area level. Together we can make it!

Your trust servant,

Richard G. DR Dist 9