

Alternate Delegate Report

Fall Assembly – October 2 - 4, 2015

Looking forward to seeing all of you at our Fall Assembly!

GR Orientation

I want to start out with the part of my responsibilities that I enjoy the most. GR Orientation...it will be held again on Friday night from 7:45–9:00 in the *Valencia* room. If you attended this session in the spring, but would like to have a *refresher course*, please know you are welcome to attend again. If you would rather not, please know there are other choices and feel free to do that. I have two District Representatives helping me, Diane C from Dist 6 and Kathy S from Dist 7. They will be sharing on Traditions and Concepts that have helped them during Assembly and much, much more. You don't want to miss it! GR's, don't ever forget...“You are NOT alone”!!

The Forum

- I have attempted to check the new AFG Connects for Forum Coordinators and have not found anything new to report from the WSO. But I'm not real sure I have AFG Connects all figured out, so if I find anything new, I will report it at Assembly.
- At the Area level however, please check out *The Forum* poster board displayed at the Assembly to see articles written by our Area members. If you know of members in your Group or District that have been published in *The Forum* and you have not seen them displayed at Spring or Fall Assembly, please let me know! I do not know all our members, so I need your help!
- There will also be another poster board display at Assembly showing the ideas Area 9 members have submitted concerning ways to encourage subscriptions to *The Forum*. So far we have 9 ideas. If you have an idea not displayed on the board, please put it in the box. We have more room on the board, so let's fill it up!
- I trust you are using Al-Anon Faces Alcoholism for outreach in your communities during September (Recovery Month).

Motions and Voting

There will be plenty of possibilities for motions to be made during this Assembly. I will have motion forms available at the table in front of me. Keep in mind that motions need to be made by one GR and seconded by another GR. Motions should be simple, addressing one thought and answering the questions...what, who, where, when and how much...when appropriate.

Red Light Green Light

Sunday morning from 10:00-11:00 we will be addressing our three Red Light Green Light questions. Research will be presented and time for comments will follow. Please keep in mind we do not clap for opinions or comments made during this time. The research for each question will be posted on the Area Website after the Assembly, to make it easier for you to share this information with your groups.

On a personal note, in my first year as Alternate Delegate I have had moments of insecurity and feelings of inadequacy. Recently I heard the words in my mind that I often repeat to new GR's...You are NOT alone!! HELLO...that applies to all of us! We are NEVER alone in this program, we are NEVER the only one feeling this way, we are NEVER expected to have all the answers and we are NEVER going to be perfect. We are ALL a “work in progress” and we ALL have a Higher Power to help us along the way. The one thing needed is my *willingness* to be of service. I am so grateful for all the participation that you have given to our Area this year. I couldn't do my job without you!! I am truly grateful for the opportunity of serving as your Alternate Delegate.

Participation is the key to harmony.

Jill O. – Alternate Delegate

